



VCA Education Solutions for Health Professionals

Mental Health For Healthcare Professionals

Live Webinar - Saturday March 25, 2023

(9:00 am – 10:05 am EST)

Time	Topic	Speaker
9:00 am	Introduction	Valentina Al Hamouche, MRT (R), MSc
9:05 am	Science-based Mindfulness for Health and Achievement	Professor Paul Ritvo, PhD in Clinical Psychology
10:05 am	Closing Remarks	Valentina Al Hamouche

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